

February 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 2:30 Brain Fitness 6:00 Taekwondo	2 7:45am- Zumba 9am-Water Aero. 9am-Yoga 12pm-Mahjong 6pm- WOW	3 9am- Yoga 10am- Crafters 10:30am- Tai Chi 1pm-American Mah-jong	4 8am-Cardio Kickboxing
5	6 7:45am- Zumba 9am-Yoga 2pm-Ladies Euchre 4pm-Mexican Train	7 8am-Cardio Kickboxing 9am-Water Aero. 1pm-Ladies Cards 4pm-Game Night	8 2:30 Brain Fitness 5:30 Board Meeting	9 9am-Water Aero. 9am-Yoga 10am DRC 12pm-Mahjong	10 9am- Yoga 10:30am - Tai Chi 2pm- Ladies tea 6pm Jackson Hatfield Concert	11 8 am-Cardio Kickboxing 4:00 Bingo
12	13 9am-Yoga 2pm-Ladies Euchre 4pm-Mexican Train	14 8am-Cardio Kickboxing 9am-Water Aero. 1pm-Ladies Cards 4pm-Game Night	15 12pm-Ladies Luncheon 2:30 Brain Fitness 6:00 Taekwondo	16 9am-Water Aero. 9am-Yoga 12pm-Mahjong 6pm- WOW	17 9am- Yoga 10am- Crafters 10:30am Tai Chi 1pm-American Mah-jong	18 8am-Cardio Kickboxing
19	20 9am-Yoga 2pm-Ladies Euchre 4pm-Mexican Train	21 8am-Cardio Kickboxing 9am-Water Aero. 1pm-Ladies Cards 4pm-Game Night	22 1:00 Tapestry 2:30 Brain Fitness 6:00 Taekwondo	23 9am-Water Aero. 9am-Yoga 10am - DRC 12pm-Mahjong	24 9am- Yoga 10:30am- Tai Chi 1pm-American Mah-jong	25 8am-Cardio Kickboxing
26	27 9am-Yoga 2pm-Ladies Euchre 4pm- Mexican Train 5pm Bunco	28 8am-Cardio Kickboxing 9am-Water Aero. 1pm-Ladies Cards 4pm-Game Night				

***Water Aerobics, Yoga, Kickboxing, Zumba, and Tai Chi extra. Please see the instructor for details.**

